

# Psychoanalytic Education Center of the Carolinas

*A division of the North Carolina Psychoanalytic Society*

## **The Therapist's Creative Use of the Self in Psychotherapy and Psychoanalysis**

**Instructor: Heather Craige, MSW**

### **Provisional Reading List**

This provisional reading list is provided to give prospective students a sample of the kind of material we will consider. The instructor will send the final syllabus by email to registered students in advance of the first class with information about how to obtain the readings.

Questions may be directed to the instructor at [hcraige@nc.rr.com](mailto:hcraige@nc.rr.com) or (919) 787-0383.

#### **Week One:**

Jacobs, Theodore J. (1993). The Inner Experiences of the Analyst: Their contribution to the Analytic Process. *International Journal of Psycho-analysis*: 74: 7-14.

Ogden, Thomas H. (1994). The Analytic Third: Working With Intersubjective Clinical Facts. *International Journal of Psycho-analysis*: 75: 3-19.

#### **Week Two:**

Hoffman, Irwin Z. Expressive Participation and Psychoanalytic Discipline. In *Ritual and Spontaneity in the Psychoanalytic Process: A dialectical-constructivist view*. New Jersey: The Analytic Press, Inc. 1998, pp. 179-192.

Hoffman, Irwin Z. Dialectical Thinking and Therapeutic Action. In *Ritual and Spontaneity in the Psychoanalytic Process: A dialectical-constructivist view*. New Jersey: The Analytic Press, Inc. 1998, pp. 193-218.

Hoffman, Irwin Z. Ritual and Spontaneity in the Psychoanalytic Process. In *Ritual and Spontaneity in the Psychoanalytic Process: A dialectical-constructivist view*. New Jersey: The Analytic Press, Inc. 1998, pp. 219-244.

#### **Week Three:**

Gabbard, G. & Lester, E. (1995). The Analytic Frame, Analytic Boundaries and the Analytic Object. In *Boundaries and Boundary Violations in Psychoanalysis*. New York: BasicBooks, pp. 38-54.

Searles, Harold F. (1959), Oedipal Love in the Countertransference. In *Collected Papers on Schizophrenia and Related Subjects*.

Winnicott, D.W. (1949). Hate in the Counter-Transference. *International Journal of Psychoanalysis*: 30:69-74.

**Week Four:**

Maroda, Karen J. (1999), Since Feeling Is First: Projective Identification and Countertransference Interventions. In *Seduction, Surrender, and Transformation: Emotional Engagement in the Analytic Process*. New Jersey: The Analytic Press, Inc. pp. 105-120.

Aron, Lewis. (1991), The Patient's Experience of the Analyst's Subjectivity. In *Relational Psychoanalysis: The Emergence of a Tradition* ed. Stephen A. Mitchell & Lewis Aron. (1999) New Jersey: The Analytic Press, Inc. pp. 243-268.

**Other Readings:**

Bollas, Christopher. (1987) Expressive uses of the Countertransference. In *The Shadow of the Object*. New York: Columbia University Press, pp. 200-235.

Bollas, Christopher. (1987) Self Analysis and the Countertransference. In *The Shadow of the Object*. New York: Columbia University Press, pp. 236-255.

Gabbard, G. & Lester, E. (1995). The Concept of Boundaries in Psychoanalysis. In *Boundaries and Boundary Violations in Psychoanalysis*. New York: BasicBooks, pp. 1-20.

Gabbard, G. & Lester, E. (1995). Boundaries and the Psychoanalytic Process. In *Boundaries and Boundary Violations in Psychoanalysis*. New York: BasicBooks, pp. 21-37.

Greenberg, Jay R. (1986) Theoretical Models and the Analyst's Neutrality. In *Relational Psychoanalysis: The Emergence of a Tradition* ed. Stephen A. Mitchell & Lewis Aron. (1999) New Jersey: The Analytic Press, Inc. pp.131-152.

Maroda, Karen J. (1999), Why Self-Disclosure Works in Spite of the Analyst's Imperfections. In *Seduction, Surrender, and Transformation: Emotional Engagement in the Analytic Process*. New Jersey: The Analytic Press, Inc. pp. 87-104.

Maroda, Karen J. (1999), Enactment: When the Patient's and Analyst's Pasts Converge. In *Seduction, Surrender, and Transformation: Emotional Engagement in the Analytic Process*. New Jersey: The Analytic Press, Inc. pp. 121-140.

Renik, Owen. (1997), Conscious and Unconscious Use of the Self. *Psychoanalytic Inquiry*: 17: 5-12.

Shane, E. & Shane, M. (1997), Intimacy, Boundaries and Countertransference in the Analytic Relationship. *Psychoanalytic Inquiry*: 17: 69-89.