

REVISED SYLLABUS

Psychoanalytic Models of the Mind: Their Evolution from Freud to the Present (Part 2 of 2)

Psychoanalytic Education Center of the Carolinas, Spring 2010: January 26 - May 25 (no class on March 30)

Instructor: Julia L. Danek, MD

Assistant Instructor: Elissa Baldwin, LCSW

Week 1 Jan 26 Object Relations: Antecedents

- 1) Klein, M. (1946). Notes on Some Schizoid Mechanisms. *Int. J. Psycho-Anal.*, 27:99-110.
- 2) Winnicott (1962). A Personal View of the Kleinian Contribution. pp. 171 - 178, in Winnicott, D.W. (1965), *The Maturation Processes and the Facilitating Environment*. London: The Hogarth Press and the Institute of Psycho-Analysis.

Week 2 Feb 9 Object Relations: Foundations

- 1) Fairbairn, W.D. (1946). Object-Relationships and Dynamic Structure. *Int. J. Psycho-Anal.*, 27:30-37.
- 2) Balint, M. (1949). Early Developmental States of the Ego. Primary Object Love. *Int. J. Psycho-Anal.*, 30:265-273.
- 3) Bion, W.R. (1954). Notes on the Theory of Schizophrenia. *Int. J. Psycho-Anal.*, 35:113-118.

Week 3 Feb 16 Object Relations: British Independent School

- 1) Winnicott, D.W. (1945). Primitive Emotional Development. *Int. J. Psycho-Anal.*, 26:137-143.
- 2) Winnicott: Ego Distortion in Terms of True and False Self (1960). Chapter 12, pp. 140 - 152 in *Maturation Processes and the Facilitating Environment*. London: The Hogarth Press and the Institute of Psycho-Analysis.

Week 4 Feb 23 Object Relations: British Independent School

- 1) Guntrip, H. (1975). My Experience of Analysis with Fairbairn and Winnicott—(How Complete a Result Does Psycho-Analytic Therapy Achieve?). *Int. R. Psycho-Anal.*, 2:145-156.
- 2) Bollas, C. (1987). The Self as Object, pp. 41 - 63, in *The Shadow of the Object: Psychoanalysis of the Unthought Known*. New York: Columbia University Press.

Week 5 March 2 Object Relations: American

- 1) Kernberg, O. (1966). Structural Derivatives of Object Relationships. *Int. J. Psycho-Anal.*, 47:236-252.
- 2) Kernberg, O.F. (2001). Object Relations, Affects, and Drives: Toward a New Synthesis. *Psychoanal. Inq.*, 21:604-619.

Week 6 March 9 Object Relations: Contexts, Other Perspectives

- 1) Sternbach, O. (1983). Critical Comments on Object Relations Theory. *Psychoanal. Rev.*, 70:403-421.
- 2) Kernberg, O. (2003). "Dissidence" in Psychoanalysis: A Psychoanalytic Reflection. pp. 129 - 146, Bergman, M. (2004). *Understanding Dissidence and Controversy in the History of Psychoanalysis*. New York: Other Press.

Week 7 March 16 French Lacanian Movement (Guest instructor Mardy Ireland, Ph.D.)

- 1) Lacan, J. (1936/1949). "The mirror stage as formative of the function of the I as revealed in psychoanalytic experience," in *Écrits: A Selection*, (New York: Norton, 1977) pp. 1-7.
- 2) Nobus, D. (2000). Pp 7 - 14 of Chapter Three, "Diagnosis via Speech and Transference" in *Jacques Lacan and the Freudian Practice of Psychoanalysis*. London: Routledge. (The rest of the chapter will be distributed but is optional, not required.)

**Week 8 March 23 French Lacanian Movement: Contemporary Applications
(Guest instructor Mardy Ireland, Ph.D.)**

- 1) Ireland, M. (2009). Vicissitudes of the Real: Working between Winnicott and Lacan, pp. 1-26 (to be distributed).
- 2) Luepnitz, D.A. (2009). Thinking in the Space between Winnicott and Lacan. *Int. J. Psycho-Anal.*, 90:957-981.

Week 9 April 6 Attachment Theory

- 1) Bowlby, J. (1973). Chapters 2 and 3, pp. 25 - 56 in *Attachment and Loss: Volume II: Separation, Anxiety and Anger*. London: The Hogarth Press.
- 2) Schore, J. and Schore, A. (2008). Modern Attachment Theory: The Central Role of Affect Regulation in Development and Treatment. *Clin Soc Work J*, 36:9–20.

Week 10 April 13 Self Psychology

- 1) Kohut, H., Wolf, E.S. (1978). The Disorders of the Self and their Treatment: An Outline. *Int. J. Psycho-Anal.*, 59:413-425.
- 2) Wolf, E.S. (1993). Chapter 2 The Role of Interpretation in Therapeutic Change. *Progress in Self Psychology*, 9:15-30.

**Week 11 April 20 Transition to Interpersonal/Intersubjective/Relational
Psychoanalysis**

- 1) Searles, H.F. (1977). The Analyst's Participant Observation as Influenced by the Patient's Transference. *Contemp. Psychoanal.*, 13:367-370.
- 2) Searles, H.F. (1986). Countertransference as a Path to Understanding and Helping the Patient. Chapter 7, pp. 189 - 228 in *My Work with Borderline Patients*. New Jersey: Aronson.

Week 12 April 27 Intersubjective/Relational Psychoanalysis

- 1) Hoffman, I. Z. (1983). The Patient as Interpreter of the Analyst's Experience. *Contemp. Psychoanal.* 19:389-422
- 2) Greenberg, J. (1995). Self-disclosure: Is It Psychoanalytic?. *Contemp. Psychoanal.*, 31:193 - 205.

Week 13 May 4 Intersubjective/Relational Psychoanalysis

- 1) Ogden, T.H. (1994). The Analytic Third: Working with Intersubjective Clinical Facts. *Int. J. Psycho-Anal.*, 75:3-19.
- 2) Benjamin, J. (2004). Beyond Doer and Done to: An Intersubjective View of Thirdness. *Psychoanal Q.*, 73:5-46.

Week 14 May 11 Intersubjective/Relational Psychoanalysis

- 1) Mitchell, S. A. (1991). Contemporary perspectives on self: Toward an integration. *Psychoanalytic Dialogues*, 1, 121-147.
- 2) Aron, L. (2006). Analytic Impasse and the Third: Clinical implications of intersubjectivity theory. *Int. J. Psycho-Anal.*, 87:349-368.

Week 15 May 18 Intersubjective/Relational Psychoanalysis

- 1) Davies, J.M. (2004). Whose Bad Objects Are We Anyway?: Repetition and Our Elusive Love Affair with Evil. *Psychoanal. Dial.*, 14:711-732.
- 2) Greenberg, J. (2001). The Analyst's Participation: A New Look. *J. Amer. Psychoanal. Assn.*, 49:359-381.

Week 16 May 25 Neuropsychanalysis

- 1) Doidge, N. (2007). Turning our Ghosts into Ancestors, Chapter 9, pp. 215 - 244, *The Brain that Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science*. James H. Silberman Books.
- 2) Talvitie, V., Ihanus, J. (2002). The Repressed and Implicit Knowledge. *Int. J. Psycho-Anal.*, 83:1311-1323.