

Psychoanalytic Education Center of the Carolinas

101 Cloister Court, Suite A
Chapel Hill, NC 27514
(919) 490-3212 admin@ncanalysis.org
www.ncanalysis.org

Using Dreams in Your Clinical Work

Fall 2010 Course Syllabus

Instructor: Lida M. Jeck MD
Assistant Instructor: Barry S. Ostrow, MD

Readings:

Session 1: Introduction (October 28)

Chapter 1 “A Summary Review of Dream Theory” in Altman, Leon The Dream in Psychoanalysis, IUP, NYC (1975) pp 9-39

Session 2: The Irma dream (November 4)

- 1) Freud, S The Interpretation of Dreams Chapter II, SE, 4:pp 96-121 (1900)
- 2) Greenberg , R. and C. Pearlman “If Freud Only Knew: A Reconsideration of Psychoanalytic Dream Theory” Int. R. Psycho-Anal. 5:71-75 (1978)

Session 3: Working with dreams clinically (November 11)

- 1) Freud, S. “Remarks on the Theory and Practice of Dream Interpretation” SE 19:109-121 (1923)
- 2) Chapter 2 “Preliminary Remarks” in Altman, Leon The Dream in Psychoanalysis, IUP, NYC (1975) pp 43-50
- 3) Levitan, H.L. “A Traumatic Dream” Psychoanal Q., 34:265-267 (1965)

Session 4: Primacy of Dreams in analytic work – differing perspectives (November 18)

- 1) Brenner, C “Dreams in Clinical Psychoanalytic Practice” ” in Essential Papers on Dreams Ed Melvin Lansky pp197-212
- 2) Greenson, R “The Exceptional Position of the Dream in Psychoanalytic Practice” in Essential Papers on Dreams Ed Melvin Lansky pp106-132 or Psychoanalytic Quarterly 39:519-549 (1970)

Session 5: Integrating biological considerations (December 2)

- 1) Reiser, M “The Dream in Contemporary Psychiatry” Amer. Journal of Psychiatry 158:351-359 (2001)
- 2) Greenberg, R. and Pearlman, C. A. “The Interpretation of Dreams: A Classic Revisited” Psychoanal. Dial. 09:749-765 (1999)

Session 6: Trauma (December 9)

- 1) Adams-Silvan, A., Silvan, M. "A Dream is the Fulfilment of a Wish': Traumatic Dream, Repetition Compulsion, and the Pleasure Principle" *Int. J. Psycho-Anal.*, 71:513-522 (1990)
- 2) Siegel, Alan "A Mimi Course for Clinicians and Trauma Workers on Post Traumatic Nightmares" On the web:
http://www.dreamwisdom.info/library/post_traumatic_nightmare_course.htm
- 3) Brunkow, Katherine "Working with Dreams of Survivors of Violence: Facilitating Crisis Intervention with a Psychoanalytic Approach" Chapter 12 pp 212-225 in Fostering Health and Growth a Psychoanalytic Social Work Approach edited by Edward, Joyce and Sanville, Jean

Session 7: Relationship of dreams to understanding affect and reconstructions (December 16)

- 1) Hartmann, E. "Dreams Contextualize Emotion—A New Way of Understanding Dreams and Dream Symbolism" *Psychoanal. Dial.* 9:779-788 (1999)
- 2) Roth, S "The Royal Road of Dreams is paved with Affect" *The American Psychoanalyst* 42/3 (Fall 2008)
- 3) Brenneis, C.B. "Can Early Childhood Trauma Be Reconstructed From Dreams?: On The Relationship of Dreams to Trauma" *Psychoanalytic Psychology* 11:429-447 (1994)

Session 8: Recap (January 6)