

Brief Psychodynamic Therapy

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PECC

8/26, 9/2, 9/9, 9/16, 9/23, 9/30,
10/7 & 10/14

Syllabus

The course will follow the PowerPoint. Reading assignments will be from Hannah Levenson's book, Time-Limited Dynamic Psychotherapy: A Guide to Clinical Practice. In addition, two of Freud's brief cases, *Miss Lucy R.* and *Katharina*, both from Studies on Hysteria, will be assigned. Information about how to obtain these cases will be given in the first class. All other readings on the reference list are recommended, but not assigned.

Class 1: 8/26/10: Overview of brief psychodynamic therapy

Assignment: Read PowerPoint and Chapters 1 & 2 in Levenson

Class 2: 9/2/10: History of brief psychodynamic therapy

Assignment: *Miss Lucy R.* and *Katharina* from Breuer & Freud's Studies on Hysteria.

Class 3: 9/9/10: Overview of pioneering models

Assignment: Student will pair off and select one of the pioneering models (Malan, Sifneos, Mann, Davanloo, Luborsky, Weissman & Klerman, Goldstein & Noonan) to summarize and role-play. The instructor will provide readings.

Class 4: 9/16/10: Focus

Assignment: Chapters 3 & 4 in Levenson

Class 5: 9/23/10: Selection criteria

Assignment: Chapter 5

Class 6: 9/30/10: Use of relationship

Assignment: Chapters 6-9

Class 7: 10/7/10: Working through and terminating

Assignment: Chapters 10-12

Class 8: 10/14/10: Putting it all together: DVD of Hanna Levenson

Assignment: Chapter 13

References

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