

## Psychoanalytic Education Center of the Carolinas

*A Division of the North Carolina Psychoanalytic Society*

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### Introduction to Psychodynamic Assessment

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**Required Texts:** (abbreviations used in syllabus)

PCF: McWilliams, Nancy. Psychoanalytic Case Formulation. New York: The Guilford Press, 1999.

PD: McWilliams, Nancy. Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process. New York: The Guilford Press, 1994.

PDM: Psychodynamic Diagnostic Manual. Baltimore, Maryland: 2006.

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**Session One: Nancy McWilliams' Approach**

PD – Developmental Levels of Personality Organization, pp. 40-65.

PCF – chapter 2, Orientation to Interviewing

**Session Two: Nancy McWilliams' Approach**

PD – Clinical Implications of Developmental Levels of Organization, pp. 67-95.

**Session Three: Developmental Lines**

Robbins, F. & Schlessinger, N. (1974) Assessment and Follow-up in Psychoanalysis. Journal of the American Psychoanalytic Association, 22:542-567.

Zetzel, E. (1968) The So-Called Good Hysteric, International Journal of Psychoanalysis, 49:256-260.

Definitions of Developmental Lines

**Session Four: The PDM's Approach**

PDM – Personality Patterns and Disorders – P Axis, pp. 13-32.

PDM – Profile of Mental Functioning – M Axis, pp. 71-85.

PDM – Symptom Patterns: The Subjective Experience – S Axis, pp. 93-94.

**Session Five: PDM Case Illustrations**

PDM – Case Illustrations of the PDM Profile with Adult Mental Health Disorders, pp. 157-172.

**Session Six: Assessing Conscious & Unconscious Pathogenic Beliefs & Fantasies**

PCF - Assessing Pathogenic Beliefs, pp. 180-199.

Case Presentation

**Session Seven: Assessing Defenses**

PD – Primary and Secondary Defensive Processes, pp. 96-144.

PCF – Assessing Defense, pp. 85-101.

**Session Eight: Assessing Affects, Relational Patterns and Self-Esteem**

PCF – Assessing Affects, pp. 102-121.

PCF – Assessing Relational Patterns, pp.139-157.

PCF – Assessing Self-Esteem, pp. 158-179.

**Session Nine: Narcissistic Personalities**

PD – Narcissistic Personalities, pp. 168-188.

**Session Ten: Obsessive and Compulsive Personalities**

PD – Obsessive and Compulsive Personalities, pp. 279-300.

**Session Eleven: Depressive and Manic Personalities**

PD – Depressive and Manic Personalities, pp. 227-256

**Session Twelve: Masochistic Personalities**

PD – Masochistic Personalities, pp. 257-277.

**Session Thirteen: Hysterical Personalities**

PD – Hysterical Personalities, pp. 301-323.

**Session Fourteen: Psychopathic and Paranoid Personalities**

PD – Psychopathic Personalities, pp. 151-167.

PD – Paranoid Personalities, pp. 205-226.

**Session Fifteen: Schizoid and Dissociative Personalities**

PD – Schizoid Personalities, pp. 189-205.

PD – Dissociative Personalities, pp. 323-349.

**Session Sixteen: Review**