

PSYCHOANALYTIC PSYCHOTHERAPY STUDY CENTER OF NORTH CAROLINA  
Advanced Curriculum, Year One  
Fall, 2007

Course Outline for the “Mostly Theory” Course  
(Course Coordinator: Rebecca Goz, PhD)

**“Basic Concepts of Psychoanalytic Theory and Development”**

*Instructor: Rebecca Goz, PhD*

**Aug. 29:** *Understanding the Clinical Roots of Psychoanalysis:* Using Freud’s case of Frau Emmy von N. as a starting point for discussion, we will explore the clinical problems that led to the development of psychoanalysis and which continue to lead clinicians to psychoanalytic theory today. We will trace Freud’s development of the concept of the dynamic unconscious and repression as it arose from his experience in treating hysterical patients by hypnosis and abreaction.

**Reading:**

Freud, S. (1895). Case II in *Studies in Hysteria*, Volume II, Standard Edition (S.E.) of the Complete Psychological Works of Sigmund Freud, ed. J. Strachey, Hogarth Press, London, 1955, pp.48-105. [Many of the seminars are based on readings from Freud. We suggest that you read Freud in the Standard Edition so that we are using the same text and have the same access to footnotes, editor’s comments and historical background. -- R.G.]

**Supplemental Reading:** Holt, R. (1973) On reading Freud: a decalogue for the reading of Freud. In Abstracts of the Standard Edition of the Complete Psychological Works of Freud. (Ed.) Carrie Lee Rothgeb. New Jersey: Jason Aronson. pp 69-71

**Sept. 5:** *Libido and Psychosexual Development:* The centrality of the sexual drive and its implications for development. Why did Freud insist that the concept of sexuality was essential for psychoanalysis, and how did he understand sexuality and drive?

**Reading:**

Freud, S. (1905) Three Essays on the Theory of Sexuality. S.E., Vol. VII, pp. 231-243 (“Summary”) [While I encourage you to skim through the whole of the Three Essays (pp. 125-243), only the “summary” is required reading.]

**Sept. 10:** (Note: This is a Monday night) *The Dynamic Unconscious, Psychic Determinism, and Intrapsychic Conflict:* We will explore how Freud wove the concepts of a dynamic unconscious, dream theory, and psychosexual development into a general psychology.

**Reading:**

Freud, S. (1910) Five Lectures on Psychoanalysis, S.E., Vol. XI, pp. 3-55.

**Sept. 19:** *Transference: early developments.* We will explore how Freud came to understand issues of transference. This case history reads like a novel! As you read it, try to enjoy Freud’s writing style. Also, pay special attention to the POSTSCRIPT.

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Freud, S. (1905) Fragment of an analysis of a case of hysteria. S.E., Vol VII, pp. 3-122. (POSTSCRIPT: pp. 112-122.)

**Sept. 26:** *Countertransference*. Understanding psychoanalytic psychotherapy as a two-person process.

**Reading:**

Werman, D.S. (1982) Countertransference, in Signs and symptoms in psychiatry. (Eds.) K.H. Brodie, and Cavenar, J.O., Philadelphia: Lippincott, pp. 357-391.

**Oct. 3:** *The Working Alliance*

**Reading:**

Greenson, R. (1967) Chapter 1, Section 1.33, pp. 45-48, in The Technique and Practice of Psychoanalysis, and Chapter 3, Sections 3.5 and 3.6, pp. 190-224. (There is a paper by Greenson on the same topic: (1965) The working alliance and the transference neurosis. Psa. Quarterly 34:155-181.)

**Oct 10, 17, 24; Nov 7 Instructor Steve Bennett, PhD**

**Oct. 10:** *Dreams I: Window into the Unconscious* “The Interpretation of Dreams” is Freud’s seminal and most important writing. In it can be found at least the beginnings of almost all Freud’s ideas about psychoanalytic theory. He called the dream “the royal road to the unconscious.” You should be familiar with “The Interpretation of Dreams” and its place in the development of psychoanalysis. Today’s paper is Freud’s last statement on the subject of dreaming.

*Dreams II: Modern Views on Dreaming* The discovery of REM sleep in the early 1950's and the enormous amount of research which has occurred in sleep and dreaming profoundly affect the psychoanalytic view of the dream and enormously influence our view of the mental apparatus and how it functions.

**Reading:**

Freud, S. (1933) Revision of the theory of dreams (Lecture XXIX of The New Introductory Lectures on Psychoanalysis) S.E., Vol XXII, pp. 3-30.

**Supplemental Reading:**

Hawkins, D.R. (1990) Dreaming, neurobiology, and psychoanalysis. Psychiatric

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Annals 20, 5 (May 1990): 238-244.

Hawkins, D.R. (1969) The challenge posed to dream theories by the new biology of dreaming: A Freudian view. In: Kramer, M.(ed.) Dream Psychology and the New Biology of Dreaming. Springfield: Charles C. Thomas.

**Oct. 17:** Instinct Theory This reading is a review of classic psychoanalytic concepts of instinct to the late 1960's. We will review these and then discuss more modern notions.

**Reading:**

Nagera, H., et al. (1970) Basic Psychoanalytic Concepts on the Theory of Instincts. London: George Allen and Unwin, Ltd., pp. 19-49.

**Oct. 24:** The Development of the Structural Theory: Freud's growing clinical experience and his unflinching efforts to account for new findings led to the development of a new theory of mind in which mental events could be mapped within the interplay of id, ego, and superego.

**Reading:**

Freud, S. (1923) The Ego and the Id. S.E., Vol. XIX, pp. 3-66.

**Nov. 7:** Evidence and Theory Making in Psychoanalysis. Plus, wrap-up and integration of issues discussed. (Note: No reading assigned.)

**Nov. 14, 28; Dec. 5, 12; Jan. 9, 16, 2008 - Instructor Lisa Tust, PhD**

(NOTE 1: NO CLASS NOV 21 JUST BEFORE THANKSGIVING)

(Note 2: Please Purchase: Tyson, Phyllis & Tyson, Robert (1990). Psychoanalytic Theories of Development Integration. New Haven: Yale University Press. Hardback or paperback, ok. Whatever edition you get will be easy to follow by topic, even if pages might be different).

**Nov. 14:** Overview of the Developmental Process

**Reading:**

Tyson, P. & Tyson, R. (1990) Psychoanalytic Theories of Development: An Integration, Chapters 1 (The history of the developmental perspective in psychoanalysis) & 2 (The theory of the developmental process.), pp. 7-41.

**Supplemental Reading:**

Pine, F. (1988) The four psychologies of psychoanalysis and their place in clinical work. JAPA 36: 571-596.

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Pine, F. (1989) Motivation, personality organization and the four psychologies of psychoanalysis. JAPA 37: 27-60.

Freud, A. (1963) The concept of developmental lines. Psychoanalytic Study of the Child 18:245-265.

**Nov. 28 Infancy I**

**Reading:**

Shapiro, T. & Stern, Daniel (1989) Psychoanalytic perspectives on first years of life: establishment of object... In: Greenspan, S. & Pollock, G. The Course of Life: Infancy, Chapter 7, pp. 271-292.

Freedman, D.A. (1989) Maturation and developmental issues in the first year. In: Greenspan, S. & Pollock, G. The Course of Life: Infancy, Chapter 8, pp. 293-319.

**Supplemental Reading:**

Bowlby, J. (1958) The nature of the child's tie to his mother. IJP 39:350-373.

Spitz, R.A. & Wolf, K.M. (1946) Analytic depression. Psychoanalytic Study of the Child 2: 313-342.

Spitz, R.A. (1945) Hospitalism: An inquiry into genesis of psychiatric conditions in early childhood. Psy. Study Child 1: 53-74.

Spitz, R.A. (1946) Hospitalism: A follow-up report. Psy. Study Child 2: 113-117.

**HOLIDAY BREAK**

**Dec. 5 Infancy II**

**Reading:**

Silverman, M.A. (1989) The first year after birth. In: Greenspan, S. & Pollock, G. The Course of Life: Infancy, Chapter 9, pp. 321-358.

**Supplemental Reading:**

Winnicott, D. (1953) Transitional objects and transitional phenomena. IJP 34: 89-97.

Emde, R.N. (1988a) Development terminable and interminable: I. Innate and motivational factors from infancy. 35th International Psychoanalytic Congress (1987, Montreal, Canada). IJP 69: 23-42.

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Emde, R.N. (1988b) Development terminable and interminable: II. Recent psychoanalytic theory and therapeutic considerations. 35th International Psychoanalytic Congress (1987, Montreal, Canada). IJP 69:283-296.

**Dec. 12** *Psychosexual Development: Drives*

**Reading:**

Tyson, P. & Tyson, R. (1990) Psychoanalytic Theories of Development: An Integration, Chapters 3 (Psychosexuality: A theoretical overview) & 4 (The stages of psychosexual development), pp.41-69.

**Supplemental Reading:**

Fenichel, O. (1931) Specific forms of the oedipus complex. IJP 12: 412-430.

Edgumbe, R. & Burgner, M. (1975) The phallic-narcissistic phase: A differentiation between preoedipal and oedipal aspects of phallic development. Psy. Study Child 30: 161-180.

Parens, H., Pollock, L., Stern, J., Kramer, S. (1976) On the girl's entry into the Oedipus complex. JAPA 24: 79-107.

**HOLIDAY BREAK**

**January 9, 2008** *Psychosexual Development: Ego*

**Reading:**

Tyson, P. and Tyson, R. (1990) Psychoanalytic Theories of Development: An Integration, Chapter 18 (The development of the ego), pp. 295-321.

**Supplemental Reading:**

Hartmann, H., Kris, E., & Loewenstein, R. (1946) Comments on the formation of psychic structure. Psy. Study of Child 2: 11-38.

Reich, W. (1931) The characterological mastery of the Oedipus complex. IJP 12: 452-467.

Freud, A. (1936) The ego and the mechanisms of defense. In: A. Freud, ed.: The Writings of Anna Freud, Vol. 2, pp. 1-179. New York: IUP.

Abraham, K. (1926) Character-formation on the genital level of libido development. IJP 7: 214-222.

**Jan. 16, 2008:** *Psychosexual Development: Superego*

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**Reading:**

Tyson & Tyson (1990) Psychoanalytic Theories of Development: An Integration, Chapters 12 (The superego: A theoretical overview) & 13 (The development of the superego), pp. 195-228.

**Supplemental Reading:**

Arlow, J.A. (1982) Problems of the superego concept. Psy. Study Child 37: 229-244.

Silverman, M. (1986) The male superego. PR 73: 427-444.

Tyson & Tyson (1990) Psychoanalytic Theories of Development: An Integration, Chapter 14 (Gender differences in superego development), pp. 228-249.

Alpert, Judith, and Jody B. Spencer (1986) Morality, gender, and analysis. In: Psychoanalysis and Women: Contemporary Reappraisals, ed. Judith Alpert. Hillsdale, NJ: Analytic Press, pp. 83-111.