

**PSYCHOANALYTIC PSYCHOTHERAPY STUDY CENTER
OF NORTH CAROLINA**

Advanced Curriculum, Year One

Fall, 2003

Course Outline for the “Mostly Theory” Course

(Course Coordinator: Rebecca Goz, PhD)

“Basic Concepts of Psychoanalytic Theory and Development”

Instructor: Rebecca Goz, PhD

Sept. 3: *Understanding the Clinical Roots of Psychoanalysis:* Using Freud’s case of Frau Emmy von N. as a starting point for discussion, we will explore the clinical problems that led to the development of psychoanalysis and which continue to lead clinicians to psychoanalytic theory today. We will trace Freud’s development of the concept of the dynamic unconscious and repression as it arose from his experience in treating hysterical patients by hypnosis and abreaction.

Reading:

1. Freud, S. (1895). Case II in Studies in Hysteria, Volume II, Standard Edition (S.E.) of the Complete Psychological Works of Sigmund Freud, ed. J. Strachey, Hogarth Press, London, 1955, pp.48-105. *[Many of the seminars are based on readings from Freud. We suggest that you read Freud in the Standard Edition so that we are using the same text and have the same access to footnotes, editor’s comments and historical background. -- R.G.]*
2. Holt, R. (1973) On reading Freud: a decalogue for the reading of Freud. In Abstracts of the Standard Edition of the Complete Psychological Works of Freud. (Ed.) Carrie Lee Rothgeb. New Jersey: Jason Aronson. pp 69-71

Sept. 10: *Libido and Psychosexual Development:* The centrality of the sexual drive and its implications for development. Why did Freud insist that the concept of sexuality was essential for psychoanalysis, and how did he understand sexuality and drive?

Reading:

1. Freud, S. (1905) Three Essays on the Theory of Sexuality. S.E., Vol. VII, pp. 231-243 (“Summary”) *[While I encourage you to skim through the whole of the Three Essays (pp. 125-243), only the “summary” is required reading.]*

Sept. 17: *The Dynamic Unconscious, Psychic Determinism, and Intrapsychic Conflict:* We will explore how Freud wove the concepts of a dynamic unconscious, dream theory, and psychosexual development into a general psychology.

Reading:

1. Freud, S. (1910) Five Lectures on Psychoanalysis, S.E., Vol. XI, pp. 3-55.

Sept. 24: *Transference: early developments.* We will explore how Freud came to understand issues of transference. This case history reads like a novel! As you read it, try to enjoy Freud's writing style. Also, pay special attention to the POSTSCRIPT.

Reading:

1. Freud, S. (1905) Fragment of an analysis of a case of hysteria. S.E., Vol VII, pp. 3-122. (POSTSCRIPT: pp. 112-122.)

Oct. 1: *Countertransference.* Understanding psychoanalytic psychotherapy as a two-person process.

Reading:

1. Werman, D.S. (1982) Countertransference, in Signs and symptoms in psychiatry. (Eds.) K.H. Brodie, and Cavenar, J.O., Philadelphia: Lippincott, pp. 357-391.

Oct. 8: *The Working Alliance*

Reading:

1. Greenson, R. (1967) Chapter 1, Section 1.33, pp. 45-48, in The Technique and Practice of Psychoanalysis, and Chapter 3, Sections 3.5 and 3.6, pp. 190-224. (There is a paper by Greenson on the same topic: (1965) The working alliance and the transference neurosis. Psa. Quarterly 34:155-181.)

Oct 15, 22, 29; Nov 5 Instructor Steve Bennett, PhD

Oct. 15 *The Development of the Structural Theory:* Freud's growing clinical experience and his unflagging efforts to account for new findings led to the development of a new theory of mind in which mental events could be mapped within the interplay of id, ego, and superego.

Reading:

1. Freud, S. (1923) The Ego and the Id. S.E., Vol. XIX, pp. 3-66.

Oct. 22 *Instinct Theory* This reading is a review of classic psychoanalytic concepts of instinct to the late 1960's. We will review these and then discuss more modern notions.

Reading:

1. Nagera, H., et al. (1970) Basic Psychoanalytic Concepts on the Theory of Instincts. London: George Allen and Unwin, Ltd., pp. 19-49.

Oct. 29 *Dreams I: Window into the Unconscious* "The Interpretation of Dreams" is Freud's seminal and most important writing. In it can be found at least the beginnings of almost all Freud's ideas about psychoanalytic theory. He called the dream "the royal road to the unconscious". You should be familiar with "The Interpretation of Dreams" and its place in the development of psychoanalysis. Today's paper is Freud's last statement on the subject of dreaming.

Reading:

1. Freud, S. (1933) Revision of the theory of dreams (Lecture XXIX of The New Introductory Lectures on Psychoanalysis) S.E., Vol XXII, pp. 3-30.

Nov. 5 *Dreams II: Modern Views on Dreaming* The discovery of REM sleep in the early 1950's and the enormous amount of research which has occurred in sleep and dreaming profoundly affect the psychoanalytic view of the dream and enormously influence our view of the mental apparatus and how it functions.

Reading:

1. Hawkins, D.R. (1990) Dreaming, neurobiology, and psychoanalysis. Psychiatric Annals 20, 5 (May 1990): 238-244.

Supplemental Reading:

Hawkins, D.R. (1969) The challenge posed to dream theories by the new biology of dreaming: A Freudian view. In: Kramer, M.(ed.) Dream Psychology and the New Biology of Dreaming. Springfield: Charles C. Thomas.

Nov. 12, 19; Dec. 3, 10, Jan. 14, 21, 2004 - instructor Lisa Tust-Gunn, PhD

Nov. 12: *Overview of the Developmental Process*

Reading:

1. Tyson, P. & Tyson, R. (1990) Psychoanalytic Theories of Development: An Integration, Chapters 1 (The history of the developmental perspective in psychoanalysis) & 2 (The theory of the developmental process.), pp. 7-41.

Supplemental Reading:

Pine, F. (1988) The four psychologies of psychoanalysis and their place in clinical work. JAPA 36: 571-596.

- Pine, F. (1989) Motivation, personality organization and the four psychologies of psychoanalysis. JAPA 37: 27-60.
- Freud, A. (1963) The concept of developmental lines. Psychoanalytic Study of the Child 18:245-265.

Nov. 19 Infancy I

Reading:

1. Shapiro, T. & Stern, Daniel (1989) Psychoanalytic perspectives on first years of life: establishment of object... In: Greenspan, S. & Pollock, G. The Course of Life: Infancy, Chapter 7, pp. 271-292.
2. Freedman, D.A. (1989) Maturation and developmental issues in the first year. In: Greenspan, S. & Pollock, G. The Course of Life: Infancy, Chapter 8, pp. 293-319.

Supplemental Reading:

- Bowlby, J. (1958) The nature of the child's tie to his mother. IJP 39:350-373.
- Spitz, R.A. & Wolf, K.M. (1946) Anaclitic depression. Psychoanalytic Study of the Child 2: 313-342.
- Spitz, R.A. (1945) Hospitalism: An inquiry into genesis of psychiatric conditions in early childhood. Psy. Study Child 1: 53-74.
- Spitz, R.A. (1946) Hospitalism: A follow-up report. Psa. Study Child 2: 113-117.

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HOLIDAY BREAK

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Dec. 3 Infancy II

Reading:

1. Silverman, M.A. (1989) The first year after birth. In: Greenspan, S. & Pollock, G. The Course of Life: Infancy, Chapter 9, pp. 321-358.

Supplemental Reading:

- Winnicott, D. (1953) Transitional objects and transitional phenomena. IJP 34: 89-97.
- Emde, R.N. (1988a) Development terminable and interminable: I. Innate and motivational factors from infancy. 35th International Psychoanalytic Congress (1987, Montreal, Canada). IJP 69: 23-42.
- Emde, R.N. (1988b) Development terminable and interminable: II. Recent psychoanalytic theory and therapeutic considerations. 35th International Psychoanalytic Congress (1987, Montreal, Canada). IJP 69:283-296.

Dec. 10 Psychosexual Development: Drives

Reading:

1. Tyson, P. & Tyson, R. (1990) Psychoanalytic Theories of Development: An Integration, Chapters 3 (Psychosexuality: A theoretical overview) & 4 (The stages of psychosexual development), pp.41-69.

Supplemental Reading:

- Fenichel, O. (1931) Specific forms of the oedipus complex. IJP 12: 412-430.
Edgcombe, R. & Burgner, M. (1975) The phallic-narcissistic phase: A differentiation between preoedipal and oedipal aspects of phallic development. Psy. Study Child 30: 161-180.
Parens, H., Pollock, L., Stern, J., Kramer, S. (1976) On the girl's entry into the Oedipus complex. JAPA 24: 79-107.

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HOLIDAY BREAK

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January 14, 2004 Psychosexual Development: Ego

Reading:

1. Tyson, P. and Tyson, R. (1990) Psychoanalytic Theories of Development: An Integration, Chapter 18 (The development of the ego), pp. 295-321.

Supplemental Reading:

- Hartmann, H., Kris, E., & Loewenstein, R. (1946) Comments on the formation of psychic structure. Psy. Study of Child 2: 11-38.
Reich, W. (1931) The characterological mastery of the Oedipus complex. IJP 12: 452-467.
Freud, A. (1936) The ego and the mechanisms of defense. In: A. Freud, ed.: The Writings of Anna Freud, Vol. 2, pp. 1-179. New York: IUP.
Abraham, K. (1926) Character-formation on the genital level of libido development. IJP 7: 214-222.

Jan. 21 Psychosexual Development: Superego

Reading:

1. Tyson & Tyson (1990) Psychoanalytic Theories of Development: An Integration, Chapters 12 (The superego: A theoretical overview)& 13 (The development of the superego), pp. 195-228.

Supplemental Reading:

- Arlow, J.A. (1982) Problems of the superego concept. Psy.Study Child 37: 229-244.
Silverman, M. (1986) The male superego. PR 73: 427-444.
Tyson & Tyson (1990) Psychoanalytic Theories of Development: An Integration, Chapter 14 (Gender differences in superego development), pp. 228-249.
Alpert, Judith, and Jody B. Spencer (1986) Morality, gender, and analysis. In: Psychoanalysis and Women: Contemporary Reappraisals, ed. Judith Alpert. Hillsdale, NJ: Analytic Press, pp. 83-111.

January 28, February 4, 2004 Instructor - Ingrid Pisetsky, MD

Jan. 28 8:15-9:30 pm Gender Development I: Girls

Reading:

Tyson & Tyson (1990) Gender development: A theoretical overview (Chapter 15); and Gender development: Girls (Chapter 16). In: Psychoanalytic Theories of Development: An Integration, pp. 249-276.

Supplemental Reading:

Tyson, P.(1994) Theories of female psychology. JAPA 42: 447-467.

Fast, Irene (1979) Developments in gender identity: gender differentiation in girls. IJP 60: 443-453.

Lachmann, Frank (1982) Narcissism and female gender identity: A reformulation. The Psychoanalytic Review 69, 1: 43-61.

Brunswick, R.M. (1940) The preoedipal phase of libido development. Psychoanalytic Quarterly 9: 231-253.

Feb. 4 8:15-9:30 pm Gender Development II: Boys

Reading:

Tyson & Tyson (1990) Gender development: Boys. In: Psychoanalytic Theories of Development: An Integration, Chapter 17, pp. 277-292.

Supplemental Reading:

Galenson, E. & Roiphe, H. (1980) The preoedipal development of the boy. JAPA 28: 805-827.

Tyson, P. (1986) Male gender identity: Early developmental roots. Psychoanalytic Review 73: 405-425.

February 11, 18, March 3, 10, 2004 Instructor - Lida Jeck, MD 6:45-8:00 pm

Feb 11 6:45-8:00 pm Object Relations I

Reading:

Mahler, M. & McDevitt, J. (1989) The separation-individuation process and identity formation. In: Greenspan, S. & Pollock, G. The Course of Life, Vol. 2: Early Childhood, Chapter 2, pp. 19-36.

Supplemental Reading:

Tyson & Tyson, Chapter 5: An Overview of Theories of Object Relations, pp. 69-97.

Tyson & Tyson, Chapter 6: Object Relations Development, pp. 97-118.

Feb 18 6:45-8:00 pm Object Relations II

Reading:

McDevitt, J. & Mahler, M. (1989) Object Constancy, individuality, and internalization.
In: Greenspan, S. & Pollock, G. The Course of Life, Vol. 2: Early Childhood,
Chapter 3, pp. 37-59.

Supplemental Reading:

Klein, M. (1958) On the development of mental functioning. The Writings of Melanie Klein, pp
236-246. *** citation may need correction***

Mahler, M. (1974) Symbiosis and individuation: The psychological birth of the human
infant. Psa. Study Child 29: 89-106.

Fraiberg, S. (1969) Libidinal object constancy and mental representation. Psa. Study
Child 24: 9-47.

Mahler, M., Pine, F., & Bergman, A. (1975) The Psychological Birth of the Human
Infant. New York: Basic Books.

Benjamin, Jessica (1988) The first bond. Chapter One, in: Benjamin, J.(1988) The
Bonds of Love: Psychoanalysis, Feminism, and the Problem of
Domination. New York: Pantheon Books, pp. 11-50.

Feb. 25 NO CLASS

March 3 6:45 - 8:00 pm Development of Sense of Self

Reading: Tyson & Tyson. The development of a sense of self. In: Psychoanalytic
Theories of Development: An Integration, Chapter 7, pp. 118-129.

Supplemental Reading:

Basch, M. (1981) Selfobject disorders and psychoanalytic theory: A historical
perspective. JAPA 29, 2: 337-351.

Kohut, H. & Wolf, E. (1978) The disorders of the self and their treatment: An outline.
IJP 59, 4: 413-425.

Gilligan, C. (1986) Remapping the moral domain: New images of self in
relationship. In: Gilligan, C. Ward, & Taylor (1988) Mapping the Moral
Domain. Cambridge, Mass: Harvard Univ. Press.

March 10 6:45 - 8:00 pm Aggression in Development

Reading:

Parens, H. (1987) Chapters 2, 3, & 4, in: Aggression in our Children, pp. 5-48.

Supplemental Reading:

Parens, H. (1989) Toward an epigenesis of aggression in early childhood. In: Greenspan,
S. & Pollock, G. The Course of Life, Vol. 2: Early Childhood, Chapter 6, pp.
129-162.

March 17 No class

For classes of March 24, 31, and April 7 and 21, see Mostly Techniques Syllabus

April 28, May 5, 2004 (double sessions) Instructor Ylana Miller, LCSW
6:45-8:00 pm and 8:15- 9:30 pm

April 28 6:45 - 8:00 pm *Latency*

Reading:

Sarnoff, C. (1976) Chapters 1 & 2, in: *Latency*, pp. 3-36. New York: Jason Aronson.

Supplemental Reading:

Peller, L. (1954) Libidinal phases, ego development and play. *Psa. Study Child* 9: 178-198.

Sarnoff, C. (1976) Psychotherapeutic strategies for clinical problems of latency age child. Chapter 6, in: *Latency*, pp. 183-261. New York: Jason Aronson.

Shapiro, T. & Perry, R. (1976) Latency revisited: The age7 plus or minus 1. *Psa. Study Child* 31: 79-105.

April 28 8:15-9:30 pm *Preadolescence*

Reading:

Blos, P. (1979) *The Adolescent Passage* pp 105-116. New York: International Universities Press, Inc.

Supplemental Reading:

Blos, P. (1962) *On Adolescence: A Psychoanalytic Interpretation*, pp. 52-87. New York: Free Press.

May 5 6:45 - 8:00 pm *Adolescence*

Reading:

Blos, P. (1967) The second individuation process of adolescence. *Psa. Study Child* 22: 162-186.

Supplemental Reading:

Blos, P. (1979) The initial stage of male adolescence. Chapter 7, In: *The Adolescent Passage*, pp. 117-140. IUP.

Stern, Lori (1991) Disavowing the self in female adolescence. In: Gilligan, C., Rogers, and Tolman, eds. (1991) *Women, Girls, and Psychotherapy: Reframing Resistance*. NY: Haworth Press.

May 5 8:15-9:30 pm *Parenting as a Developmental Process*

Reading:

Benedek, T. (1959) Parenthood as a developmental phase. JAPA 7:389-417

Supplemental Reading:

Cath, S. (1986) Fathering from infancy to old age: A selective overview of recent psychoanalytic contributions. Psychoanalytic Review 73, 4: 469-479.

Diamond, M.(1986) Becoming a father: A psychoanalytic perspective on the forgotten parent. Psychoanalytic Review 73, 4: 445-468.

Willard, Ann. (1988) Cultural scripts for mothering. In: Gilligan, C. Ward, & Taylor (1988) Mapping the Moral Domain. Cambridge, Mass: Harvard Univ. Press.